Padel Best Expo at Grimaldi Forum (10 Av. Princesse Grâce, 98000 Monaco) Opening hours 10:00 a.m. / 8:00 p.m.

Padel Forum Programme

SUNDAY 7 APRIL

h 10:00 a.m. - 10:15 a.m. Opening Ceremony and ribbon-cutting ceremony of the 1st edition of Padel Best Expo (Grimaldi Forum entrance)

h 10:15 a.m. - 10:30 a.m. Visit of the Authorities to the Expo (Ravel Area)

h 10:30 a.m. - 11:00 a.m. Welcome Cocktail (Indigo Area)

h 11:00 a.m. - 11:30 a.m. Opening Conference (Ravel Area - Padel Forum)

Presenters:

- Dario Marcolin, Talent Dazn e Networking Manager Padel Best Expo
- **Barbara Vitantonio,** TV Journalist and Official Speaker Padel Best Expo *Inaugural greetings:*
 - Roberta Ceccarelli, CEO Padel Best Expo e BSG
 - Marina Nicolazzo Ricci, Project Manager Padel Best Expo
 - Louis Ducruet, President Barbagiuans Monaco
 - Mme Mathilde Le Clerc Chairwoman of the Education, Youth and Sport Commission of the Principality of Monaco National Council
 - Cécilia D'Ambrosio, President Monegasque Padel Federation
 - Hervé Aeschbach, Coordinator Fight Aids Monaco
 - Andriy Shevchenko, Ambassador Football for Ukraine CIO
 - Alessandra Locatelli, Minister of Disabilities of the Republic of Italy (in video connection)
 - Mauro Tavola, Sales Manager Padel Best Expo
 - Roberto Agnini, Technical Director Circolo Canottieri Aniene, Direttore tecnico Givova Five Padel Cup
 - Saverio Palmieri, Women's Serie A coach of the Italian champion Circolo Canottieri Aniene and SKY commentator, Technical Team of the Givova Five Padel Cup and Speaker Padel Best Expo
 - Alessandro Moggi, President EA7 World Legends Padel Tour

Special Event "Autograph" with Andriy Shevchenko: The "Ballon d'Or" Andriy Shevchenko will autograph 60 padel racquets that will be put up for sale for charity. Proceeds from the sale of Shevchenko's autographed paddles will be donated to the Padel Best Expo Charity Partner, Football for Ukraine, of which the great champion is founder and Ambassador.

h 12:00 a.m. at the EA7 World Legends Padel Tour stand Andriy Shevchenko will sign 30 rackets at the Givova stand Andriy Shevchenko will sign 30 rackets

AFTERNOON 02:00 - 06:30 p.m.

PANEL 1. BETWEEN SPORT AND HEALTH: NUTRITION, MEDICINE AND ALGORITHM TO IMPROVE PERFORMANCE, PREVENTION, REHABILITATION AND REATHLETISATION

TALK

Introduction and conduction by:

Riccardo Torquati, President FIFS - Italian Federation of Sports Physiotherapists

Speakers:

Giovanni Di Giacomo, Head of the Orthopedics and Traumatology department at Concordia Hospital in Rome, Italy (ISAKOS Teaching Center)

Between pathology and quality of athletic movement

Stefano Maldifassi, Reaxing

Engineer, level IV coach and former athlete

Performance model, prevention and athleticism in contemporary padel

PANEL 2. PADEL BETWEEN NEW TRENDS AND INNOVATION: COMPANIES TELL THEIR STORIES

Presenters:

- Saverio Palmieri, Women's Serie A coach of the Italian champion Circolo Canottieri Aniene and SKY commentator, Technical Team of the Givova Five Padel Cup and Speaker Padel Best Expo
- Dario Marcolin, Dazn Talent and Networking Manager Padel Best Expo

Speakers:

- Alessandro Moggi, President EA7 World Padel Legend Tour
- Giovanni Acanfora, President Givova Giuseppina Lodovico, Administrator Givova
- Corrado Rizzardi, Responsabile commerciale Rizzardi Yacht
- Anna Fammiano, Marketing & Communication Specialist Riflessi

PANEL 3. GROWING UP IN PADEL: THE GAME AND TECHNIQUE IN THE ADVICE OF GREAT COACHES AND PROFESSIONAL ATHLETES TALK

Presenters:

- Edward Von Freymann, Wheelchair padel player
- Giuseppe Galliano, Wheelchair padel player

- Roberto Agnini, Technical Director Circolo Canottieri Aniene, Technical Director Givova Five Padel Cup
- Giorgia Marchetti, Champion and Ambassador Padel Best Expo
- Simone lacovino, Italian player of padel
- Marcos Combronero, Wheelchair padel player
- Christopher Triviño, Wheelchair padel player
- Laurent Giammartini, Wheelchair padel player

PANEL 4. PADEL TALES WITH VIP SMILES *TALK*

Presenters:

- Barbara Vitantonio, TV Journalist and Official Speaker Padel Best Expo
- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo

- Alessandro Ossola, Paralympic athlete, founder of Bionic People
- Fabio Cannavaro, ex football player
- Éric Cubilier, Barbagiuans Monaco
- Jordan Klein, Barbagiuans Monaco

MONDAY 8 APRIL

Morning

11:00 - 12:00 a.m.

PANEL 1. BETWEEN SPORT AND HEALTH: NUTRITION, MEDICINE AND ALGORITHM TO IMPROVE PERFORMANCE, PREVENTION, REHABILITATION AND RE-ATHLETISATION TALK

Introduction and conduction by:

Andrea Bonetto, Vice-President FIFS - Italian Federation of Sports
Physiotherapists

Speakers:

- Andrea Grasso, Orthopedic surgeon at Paideia International Hospital and Adjunct Professor at Campus Biomedico
 Sport Traumatology, the latest techniques in joints and in muscolotendinous trauma: from biological treatment to surgery
- Sacha Sorrentino, Nutritional biologist expert in sports nutrition and supplementation
 How to preserve the athlete's joints through nutrition and supplementation

Afternoon 02:30-06:00 p.m.

PANEL 2. PADEL BETWEEN NEW TRENDS AND INNOVATION: COMPANIES TELL THEIR STORIES

Presenters:

- Saverio Palmieri, Women's Serie A coach of the Italian champion Circolo Canottieri Aniene and SKY commentator, Technical Team of the Givova Five Padel Cup and Speaker Padel Best Expo
- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo

- Paco Rizzo, Administrator Padel Factory
- Carlo Cortesi, Area Manager Padel Galis
- Simona ed Ester De Vivo Pasticceria De Vivo Pompei dal 1955

PANEL 3. GROWING UP IN PADEL: THE GAME AND TECHNIQUE IN THE ADVICE OF GREAT COACHES AND PROFESSIONAL ATHLETES TALK

Presenters:

- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo
- **Barbara Vitantonio**, TV Journalist and Official Speaker Padel Best Expo *Speakers:*
- Giuseppe Galliano, Wheelchair padel player
- Susana Rodríguez, Wheelchair padel player
- Roberto Agnini, Technical Director Circolo Canottieri Aniene, Direttore tecnico Givova Five Padel Cup
- Chiara Pappacena, Champion and Ambassador Padel Best Expo
- Saverio Palmieri, Women's Serie A coach of the Italian champion Circolo Canottieri Aniene and SKY commentator, Technical Team of the Givova Five Padel Cup and Speaker Padel Best Expo
- Fernando Orsi, ex football player

PANEL 4. PADEL TALES WITH VIP SMILES TALK

Presenters:

- Alessandro Ossola, Paralympic athlete, founder of Bionic People
- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo

- Ciro Ferrara, ex football player
- Marco Borriello, ex football player
- **Sébastien Frey**, ex football player
- Angelo Massone, Chief Sport Division Henoto S.p.A. and Owner L'Arsenale
- Manuel Vallaurio, Barbagiuans Monaco
- Gaël Givet, Barbagiuans Monaco

TUESDAY 9 APRIL

Morning

11:00 - 12:00 a.m.

PANEL 1. BETWEEN SPORT AND HEALTH: NUTRITION, MEDICINE AND ALGORITHM TO IMPROVE PERFORMANCE, PREVENTION, REHABILITATION AND RE-ATHLETISATION

TALK

Introduction and conduction by:

Riccardo Torquati, President FIFS - Italian Federation of Sports Physiotherapists

Speakers:

- Bernardo Misaggi, Director of the UOC Orthopaedics Traumatology for Spinal Column Pathologies - ASST Gaetano Pini-CTO of Milan and Lecturer at the University of Milan for the School of Specialisation in Orthopaedics and Traumatology
 - Conservative and surgical treatment of acute and chronic injuries of the spine
- Sacha Sorrentino, Nutritional biologist expert in sports nutrition and supplementation
 - Nutritional factors influencing the athletic performance

Afternoon 02:30- 06:00 p.m.

PANEL 2. PADEL BETWEEN NEW TRENDS AND INNOVATION: COMPANIES TELL THEIR STORIES

Presenters:

- Saverio Palmieri, Women's Serie A coach of the Italian champion Circolo Canottieri Aniene and SKY commentator, Technical Team of the Givova Five Padel Cup and Speaker Padel Best Expo
- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo

TALK Growing numbers for padel, a transversal, democratic, inclusive and aggregating sport: Why companies choose padel for sponsorship.

Athletes, ex footballers who play padel are great aggregators and develop opportunities

- Mauro Tavola, Sales Manager Padel Best Expo
- Angelo Massone, Chief Sport Division Henoto S.p.A. and Owner L'Arsenale
- Gigi Di Biagio, ex football player

PANEL 3. GROWING UP IN PADEL: THE GAME AND TECHNIQUE IN THE ADVICE OF GREAT COACHES AND PROFESSIONAL ATHLETES TALK

Presenters:

- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo
- Alessandro Ossola, Paralympic athlete, founder of Bionic People

Speakers:

- Patrizia Pedini, President Movimento Padel Femminile
- Jimmy Ghione, Artist and Owner L'Oasj Padel Club
- Nelson Dida, ex football player
- Aron Mohammed Winter, ex football player

PANEL 4. PADEL TALES WITH VIP SMILES TALK

Presenters:

- Barbara Vitantonio, TV Journalist and Official Speaker Padel Best Expo
- Dario Marcolin, Talent Dazn and Networking Manager Padel Best Expo

Speakers:

- Max Sardella, Digital entrepreneur, trainer, consultant and social media manager for footballers and athletes
- Fabio Quagliarella, ex football player
- Christian Zaccardo, ex football player
- Sébastien Squillaci, Barbagiuans Monaco

BSG reserves the right to make changes to the Programme due to organisational requirements.

PADEL FORUM

The Padel Forum represents the cultural asset of Padel Best Expo with its talks and workshops.

Each day there will be four thematic panels featuring authoritative speakers and panelists:

- Between sport and health: nutrition, medicine and algorithm to improve performance, prevention, rehabilitation and re-athletisation
- Padel between new trends and innovation: companies tell their stories
- Growing up in padel: the game and technique in the advice of great coaches and professional athletes
- Padel tales with VIP smiles

On the morning of Sunday **7 April**, the opening day, an **institutional conference** is scheduled.

Il **Padel Forum** rappresenta l'asset culturale di **Padel Best Expo** con i suoi talk e workshop.

Ogni giorno sono previsti **quattro panel tematici** che vedono il coinvolgimento di autorevoli **speaker** e **relatori**:

- Fra sport e salute: nutrizione, medicina e algoritmo per migliorare performance, prevenzione, riabilitazione e riatletizzazione
- Il padel fra nuovi trend e innovazione: le aziende si raccontano
- Crescere nel padel: il gioco e la tecnica nei consigli di grandi coach e atleti professionisti
- Racconti di padel con il sorriso dei VIP

La mattina di domenica **7 aprile**, giornata di apertura, è previsto un **convegno inaugurale**.

PANEL 1. BETWEEN SPORT AND HEALTH: NUTRITION, MEDICINE AND ALGORITHM TO IMPROVE PERFORMANCE, PREVENTION, REHABILITATION AND RE-ATHLETISATION

Sport and health, athletic preparation, diet, childhood and youth in padel, best practices and digital monitoring. Doctors, academics, physiotherapists, biomechanical engineer, coaches and athletes will discuss these topics (Partner: Italian Federation of Sports Physiotherapists, Reaxing).

PANEL 1. FRA SPORT E SALUTE: NUTRIZIONE, MEDICINA E ALGORITMO PER MIGLIORARE PERFORMANCE, PREVENZIONE, RIABILITAZIONE E RIATLETIZZAZIONE

Sport e salute, preparazione atletica, dieta, corretti stili di vita, infanzia e gioventù nel padel, buone pratiche e monitoraggio digitale. Medici, accademici, fisioterapisti, ingegneri, allenatori e atleti si confrontano su questi temi (Partner: Federazione Italiana Fisioterapisti dello Sport, Reaxing).

PANEL 2. PADEL BETWEEN NEW TRENDS AND INNOVATION: COMPANIES TELL THEIR STORIES

An economic sector, that of padel, which is expanding rapidly worldwide and generating technological innovation and growth. Companies expressing excellence present their novelties in Monte-Carlo.

PANEL 2. IL PADEL FRA NUOVI TREND E INNOVAZIONE: LE AZIENDE SI RACCONTANO

Un settore economico, quello del padel, in forte e rapida espansione a livello mondiale, che genera innovazione tecnologica e crescita. Le aziende che esprimono eccellenza presentano a Monte-Carlo le loro novità.

PANEL 3. GROWING UP IN PADEL: THE GAME AND THE TECHNIQUE IL GIOCO E LA TECNICA NEI CONSIGLI DI GRANDI COACH E ATLETI PROFESSIONISTI

An entertaining challenge. Coaches and champions challenge each other in terms of playing technique through the telling of virtuosities on the court.

PANEL 3. CRESCERE NEL PADEL: THE GAME AND TECHNIQUE IN THE ADVICE OF GREAT COACHES AND PROFESSIONAL ATHLETES

Una divertente challenge. Coach e campioni si sfidano a colpi di tecniche di gioco attraverso il racconto dei virtuosismi in campo.

PANEL 4. PADEL TALES WITH VIP SMILES

Talks with testimonies from players. Anecdotes, tales of life on the courts, special initiatives.

PANEL 4. RACCONTI DI PADEL CON IL SORRISO DEI VIP

Talk con testimonianze dei giocatori. Aneddotica, racconti di vita vissuta in campo, iniziative speciali.